



**Ministerio de Educación Pública**  
**Dirección Regional de Educación San José Oeste**  
**Departamento de Asesoría Pedagógica**  
**Asesoría Pedagógica de Inglés**

**TOEIC (A1, A2, B1, B2, C1, C2) – Prácticas - Recomendaciones**  
**Prueba de Dominio Lingüístico**  
**(lectora, auditiva, escrita, habla, gramática y vocabulario -**  
**acento: Británico, Americano, Canadiense, Europeo)**  
**Estudiantes-Docentes, Preescolar, Primaria, Secundaria,**  
**IPEC, CINDEA, CNVMTS, CTP**

**Julio, 2019**





### **Créditos**


Msc. Vladimir Sáenz Rojas  
Asesor Regional de Inglés

### **Autoridades Regionales**

PhD. Betania Seas Molina  
Directora Regional de Educación San José Oeste

Msc. Róger León Guzmán  
Jefe Departamento de Asesoría Pedagógica





***Everyone who remembers his own education remembers teachers, not methods and techniques. The teacher is the heart of the educational system.***  
***Sidney Hook***

## TOEIC English Sample Test

**Online English test:** Do you want to improve your English for work or for your studies? Start by taking our free English grammar and vocabulary test to help you find your level.

<a href="#">Free online English test (10 minutes)</a>
<a href="#">The TOEIC Listening and Reading Sample Test</a> (153 Questions/Part I - VIII/Listening & Reading part)
<a href="#">Section: Error Recognition</a>
<a href="#">TOEIC LISTENING &amp; READING TEST/Examinee Handbook/Key answers/Practice</a>
<a href="#">Sample Test/TOEIC Listening &amp; Reading Test/Key answers</a>

## TOEIC-MOCK-PRACTICES-ONLINE

<a href="#">TOEIC Listening part1: Photographs</a>	<a href="#">TOEIC Listening part 2: Question &amp; response</a>	<a href="#">TOEIC Listening part 3: Conversations</a>	<a href="#">TOEIC Listening part 4: Talks</a>
<a href="#">TOEIC Reading part 5: Incomplete sentences</a>	<a href="#">TOEIC Reading part 6: Error recognition</a>	<a href="#">TOEIC Reading part 7: Comprehension</a>	<a href="#">TOEIC Reading: Double passages</a>
<a href="#">TOEIC Writing test part 1: Pictures</a>	<a href="#">TOEIC Speaking Test</a>	<a href="#">TOEIC Bridge Sample Test</a>	<a href="#">TOEIC Sample test (register online)</a>

## Listening

Practice and improve your listening skills for your school studies and your English exams. There are activities for different levels, so find your level and make a start.

**Beginner A1 listening:** Are you a beginner (CEFR level A1) learner of English. This section offers listening practice to help you understand familiar words and basic phrases when people speak slowly and clearly. Situations include meeting people, shopping and conversations at work. Each lesson has a preparation task, an audio recording and two tasks to check your understanding and to practice a variety of listening skills. Make a start today.

<a href="#"><u>A good night's sleep</u></a>	<a href="#"><u>At the library - giving personal information</u></a>	<a href="#"><u>Band auditions</u></a>	<a href="#"><u>Describing people</u></a>
<a href="#"><u>First day at school</u></a>	<a href="#"><u>Getting an ID card</u></a>	<a href="#"><u>Interview with a swimmer</u></a>	<a href="#"><u>Introducing a friend</u></a>
<a href="#"><u>Inviting someone to the cinema</u></a>	<a href="#"><u>Online safety conversation</u></a>	<a href="#"><u>Ordering food in a café</u></a>	<a href="#"><u>Spelling colours</u></a>
<a href="#"><u>Spelling names</u></a>	<a href="#"><u>Study tips</u></a>	<a href="#"><u>Understanding numbers</u></a>	
<a href="#"><u>A request from your boss</u></a>	<a href="#"><u>A voicemail message</u></a>	<a href="#"><u>Booking a table</u></a>	<a href="#"><u>Business cards</u></a>
<a href="#"><u>Finding the library</u></a>	<a href="#"><u>Meeting a new team member</u></a>	<a href="#"><u>Meeting other students</u></a>	<a href="#"><u>Meeting people at a dinner</u></a>
<a href="#"><u>Ordering in a café</u></a>	<a href="#"><u>Organising a group project</u></a>	<a href="#"><u>Shopping for clothes</u></a>	<a href="#"><u>The first English class</u></a>

**Elementary A2 listening:** Are you an elementary (CEFR level A2) learner of English? Practice and improve your listening skills with these listenings and exercises. This section offers listening practice to help you understand common vocabulary and expressions in short, clear dialogues. Situations include simple explanations, introductions, messages and announcements. Each lesson has a preparation task, an audio recording and two tasks to check your understanding and to practice a variety of listening skills. Make a start today.

<a href="#"><u>Eating out</u></a>	<a href="#"><u>Free time</u></a>	<a href="#"><u>Giving directions</u></a>	<a href="#"><u>Going to the cinema</u></a>
<a href="#"><u>Shopping for clothes</u></a>	<a href="#"><u>Stop wasting time</u></a>	<a href="#"><u>Taking notes</u></a>	<a href="#"><u>Tour of London</u></a>
<a href="#"><u>Trains and travel</u></a>	<a href="#"><u>Travelling abroad</u></a>	<a href="#"><u>Using colours to do homework</u></a>	<a href="#"><u>Weather forecast</u></a>
<b><u>Work</u></b>			
<a href="#"><u>A morning briefing</u></a>	<a href="#"><u>An invitation to a party</u></a>	<a href="#"><u>Changing a meeting time</u></a>	<a href="#"><u>Changing plans</u></a>
<a href="#"><u>Facts and figures</u></a>	<a href="#"><u>Four conversations</u></a>	<a href="#"><u>Instructions for an assignment</u></a>	<a href="#"><u>Leaving a message</u></a>

<a href="#"><u>Missing a class</u></a>	<a href="#"><u>Transport announcements</u></a>	<a href="#"><u>Understanding an explanation</u></a>	<a href="#"><u>Who's who in the office</u></a>
--	--	---	--

**Intermediate B1 listening:** Are you an intermediate (CEFR level B1) learner of English? Practice and improve your listening skills with these listenings and exercises. This section offers listening practice to help you understand the main points of clear, standard speech about every day or job-related topics. Situations include phone calls, meetings and interviews. Each lesson has a preparation task, an audio recording and two tasks to check your understanding and to practice a variety of listening skills.

<a href="#"><u>Advice for exams</u></a>	<a href="#"><u>Amazing facts</u></a>	<a href="#"><u>Celebrations</u></a>	<a href="#"><u>Sports centres</u></a>
<a href="#"><u>Difficult situations</u></a>	<a href="#"><u>Favourite things</u></a>	<a href="#"><u>Important people</u></a>	<a href="#"><u>The weekend</u></a>
<a href="#"><u>Llamas</u></a>	<a href="#"><u>My favourite film</u></a>	<a href="#"><u>Organising your time</u></a>	<a href="#"><u>Theme parks</u></a>
<a href="#"><u>A phone call from a customer</u></a>	<a href="#"><u>A student discussion</u></a>	<a href="#"><u>A team meeting about diversity</u></a>	<a href="#"><u>A weather forecast</u></a>
<a href="#"><u>An interview about listening skills</u></a>	<a href="#"><u>An introduction to a lecture</u></a>	<a href="#"><u>Arriving late to class</u></a>	<a href="#"><u>At the chemist</u></a>
<a href="#"><u>Chatting about a series</u></a>	<a href="#"><u>Making a decision</u></a>	<a href="#"><u>Meeting an old friend</u></a>	<a href="#"><u>Work–life balance</u></a>
<a href="#"><u>Meet the Family (script-vocab-quiz)</u></a>	<a href="#"><u>Free Time (script-vocab-quiz)</u></a>	<a href="#"><u>The Roommate (script-vocab-quiz)</u></a>	<a href="#"><u>How to Look Sexy (script-vocab-quiz)</u></a>
<a href="#"><u>Mari's Abilities (script-vocab-quiz)</u></a>	<a href="#"><u>Fruit (script-vocab-quiz)</u></a>	<a href="#"><u>Drinking (script-vocab-quiz)</u></a>	<a href="#"><u>Two Cultures (script-vocab-quiz)</u></a>
<a href="#"><u>Middle School (script-vocab-quiz)</u></a>	<a href="#"><u>Island Language (script-vocab-quiz)</u></a>	<a href="#"><u>Daily Routine (script-vocab-quiz)</u></a>	<a href="#"><u>Mari's Favorite Foods (script-vocab-quiz)</u></a>
<a href="#"><u>Ron's Abilities (script-vocab-quiz)</u></a>	<a href="#"><u>Life in Italy (script-vocab-quiz)</u></a>	<a href="#"><u>The Languages of India (script-vocab-quiz)</u></a>	<a href="#"><u>Italian Cities (script-vocab-quiz)</u></a>

<a href="#"><u>Italian Food (script-vocab-quiz)</u></a>	<a href="#"><u>Hawaii (script-vocab-quiz)</u></a>	<a href="#"><u>Finland (script-vocab-quiz)</u></a>	<a href="#"><u>Dreams (script-vocab-quiz)</u></a>
<a href="#"><u>Fears (script-vocab-quiz)</u></a>	<a href="#"><u>Sleep Time (script-vocab-quiz)</u></a>	<a href="#"><u>Pet Care (script-vocab-quiz)</u></a>	<a href="#"><u>New Zealand Life (script-vocab-quiz)</u></a>
<a href="#"><u>Irish Life (script-vocab-quiz)</u></a>	<a href="#"><u>Greek Holiday (script-vocab-quiz)</u></a>	<a href="#"><u>First Meeting (script-vocab-quiz)</u></a>	<a href="#"><u>Big University (script-vocab-quiz)</u></a>
<a href="#"><u>Brothers (script-vocab-quiz)</u></a>	<a href="#"><u>Sisters (script-vocab-quiz)</u></a>	<a href="#"><u>Dating (script-vocab-quiz)</u></a>	<a href="#"><u>Food in France (script-vocab-quiz)</u></a>
<a href="#"><u>Argentina</u></a>	<a href="#"><u>The Break Up</u></a>	<a href="#"><u>Sea Turtles</u></a>	<a href="#"><u>Parenting Here and There</u></a>
<a href="#"><u>Common Errors</u></a>	<a href="#"><u>Life in Summer</u></a>	<a href="#"><u>Home Schooling</u></a>	<a href="#"><u>The Run</u></a>
<a href="#"><u>Tattoo Reaction</u></a>	<a href="#"><u>Dream Job</u></a>	<a href="#"><u>TV Shows</u></a>	<a href="#"><u>Why people get married?</u></a>
<a href="#"><u>Wedding Day</u></a>	<a href="#"><u>Rina's Next Tattoo</u></a>	<a href="#"><u>Movies, Love, Dinosaurs</u></a>	<a href="#"><u>The Traditional Wedding</u></a>
<a href="#"><u>Pros-Cons of Film Making</u></a>	<a href="#"><u>Signs of the Stars</u></a>	<a href="#"><u>Medicine Man</u></a>	<a href="#"><u>The Good with the Bad</u></a>

**Upper intermediate B2 listening:** Are you an upper intermediate (CEFR level B2) learner of English? This section offers listening practice to help you understand extended, standard speech about familiar topics that may contain complex ideas. Situations include broadcasts, reviews, presentations and lectures.

<a href="#"><u>Boy bands</u></a>	<a href="#"><u>High-achieving teenagers</u></a>	<a href="#"><u>How to improve your memory</u></a>	<a href="#"><u>How to study</u></a>
<a href="#"><u>My hero</u></a>	<a href="#"><u>New inventions</u></a>	<a href="#"><u>Sports interviews</u></a>	<a href="#"><u>The best job in the world</u></a>
<a href="#"><u>The Filter Bubble - part one</u></a>	<a href="#"><u>The Filter Bubble - part two</u></a>	<a href="#"><u>The Maasai and the lions</u></a>	<a href="#"><u>Unusual British festivals</u></a>
<a href="#"><u>What kind of student are you?</u></a>	<a href="#"><u>What's in a name?</u></a>		



<a href="#">A business interview</a>	<a href="#">A design presentation</a>	<a href="#">A digital detox podcast</a>	<a href="#">A lecture about an experiment</a>
<a href="#">A talk about motivation</a>	<a href="#">Business news</a>	<a href="#">Creating a study group</a>	<a href="#">Film reviews</a>
<a href="#">Getting advice</a>	<a href="#">Joining a gym</a>	<a href="#">Office party planning</a>	<a href="#">Talking about rumours</a>

**Advanced C1 listening:** Are you an advanced (CEFR level C1) learner of English? This section offers listening practice to help you understand extended speech about abstract, complex or unfamiliar topics. Situations include job interviews, lectures, talks and meetings. Each lesson has a preparation task, an audio recording and two tasks to check your understanding and to practice a variety of listening skills. Make a start today.

<a href="#">Help others, help yourself</a>	<a href="#">How false information spreads</a>	<a href="#">How to break into the music industry</a>	<a href="#">Living online</a>
<a href="#">Man or beast?</a>	<a href="#">Sleeping for exam success</a>	<a href="#">Teens going veggie</a>	<a href="#">The benefits of sport</a>
<a href="#">The fear factor</a>	<a href="#">War's silver lining</a>		
<a href="#">A job interview</a>	<a href="#">A project management meeting</a>	<a href="#">An interview about two books</a>	<a href="#">Birthday parties</a>
<a href="#">Catching up after a trip</a>	<a href="#">Challenges at work</a>	<a href="#">Innovation in business</a>	<a href="#">Introverts – redressing the balance</a>
<a href="#">Renting a house</a>	<a href="#">Tech addiction</a>	<a href="#">The helix</a>	<a href="#">The history of hand gestures</a>
<a href="#">Things to do in London</a>	<a href="#">Tips on Japan</a>	<a href="#">Spanish Cuisine</a>	<a href="#">Viewing Habits</a>
<a href="#">E-Books</a>	<a href="#">Computers in Class</a>	<a href="#">Best of Spain</a>	<a href="#">Best of Belgium</a>
<a href="#">Music Scene</a>	<a href="#">Good Company</a>	<a href="#">Spanish Education</a>	<a href="#">Google Glasses</a>
<a href="#">Childhood Memories</a>	<a href="#">Southern Style</a>	<a href="#">Tapas and More</a>	<a href="#">Life on the Road</a>
<a href="#">Work on the Go</a>	<a href="#">Work from Abroad</a>	<a href="#">Big Picture</a>	<a href="#">Big Plans</a>



<a href="#"><u>Chilean Movie</u></a>	<a href="#"><u>Success and Failure</u></a>	<a href="#"><u>Good Job!</u></a>	<a href="#"><u>Treasure Hunt</u></a>
<a href="#"><u>Water Adventures</u></a>	<a href="#"><u>Hiking in Africa</u></a>	<a href="#"><u>Dancing in Chile</u></a>	<a href="#"><u>Born to Run</u></a>
<a href="#"><u>The Real World</u></a>	<a href="#"><u>High Cost of Tourism</u></a>		

**Listening/videos/ You're hired:** Are you looking for a new job or recruiting a new employee? In this section, watch our video series for intermediate (CEFR level B1) or upper intermediate (CEFR level B2) learners and improve your interview and recruitment skills in English. You will learn useful language and techniques for finding and selecting candidates, applying for a job and performing well in an interview. Each video has interactive exercises and a transcript to help you understand and use the language.

<a href="#"><u>Episode 01</u></a>	<a href="#"><u>Episode 02</u></a>	<a href="#"><u>Episode 03</u></a>	<a href="#"><u>Episode 04</u></a>
<a href="#"><u>Episode 05</u></a>	<a href="#"><u>Episode 06</u></a>	<a href="#"><u>Episode 07</u></a>	<a href="#"><u>Episode 08</u></a>
<a href="#"><u>Episode 09</u></a>	<a href="#"><u>Episode 10</u></a>		

**Listening/choose a video/ Podcasts for professionals:** Do you want to practice your listening and find out about business topics and issues at the same time? In this section, listen to audio recordings for upper intermediate (CEFR level B2) learners and improve your listening skills in English. You will learn useful language for a wide range of business topics from talks, presentations and dialogues, as well as tips and techniques for dealing with business issues. Each recording has interactive exercises and a transcript to help you understand and use the language.

<a href="#"><u>Advice on writing CVs</u></a>	<a href="#"><u>Biotechnology</u></a>	<a href="#"><u>Business and ethics</u></a>	<a href="#"><u>Change management</u></a>
<a href="#"><u>Complaining</u></a>	<a href="#"><u>Developing creativity</u></a>	<a href="#"><u>Emotional intelligence</u></a>	<a href="#"><u>English for Medicine – A Doctor's View</u></a>
<a href="#"><u>Going global</u></a>	<a href="#"><u>Interviewing techniques</u></a>	<a href="#"><u>Line management</u></a>	<a href="#"><u>Managing conflict</u></a>
<a href="#"><u>Motivation in the workplace</u></a>	<a href="#"><u>Products and brands</u></a>	<a href="#"><u>Public relations</u></a>	<a href="#"><u>Relationship-building</u></a>
<a href="#"><u>Work burnout</u></a>			

**How to.../choose a video:** Do you always know what to say in different situations? In this section, watch some fun videos for intermediate (CEFR level B1) learners about what to say in a variety of social situations. You will improve your listening comprehension and learn useful words and phrases. Each video has a transcript and interactive exercises to help you understand and use the language.

<a href="#"><u>How to ask someone to repeat something</u></a>	<a href="#"><u>How to ask someone where they got that</u></a>	<a href="#"><u>How to greet someone you haven't seen for ages</u></a>	<a href="#"><u>How to order a round in a pub</u></a>
<a href="#"><u>How to pay a compliment</u></a>	<a href="#"><u>How to turn down an invitation</u></a>	<a href="#"><u>How to understand the difference between the UK and Great Britain</u></a>	<a href="#"><u>How to understand the differences between British and American English</u></a>

**Starting out/choose a video:** Do you need to learn words and phrases for everyday situations? In this section, watch our video series for beginner (CEFR level A1) or pre-intermediate (CEFR level A2) learners. Follow Julia and Sammy's story from episode 01 when they meet. You will improve your listening comprehension and learn basic grammar, words and useful phrases. Each video has a transcript and interactive exercises to help you understand and use the language.

<a href="#"><u>They meet</u></a>	<a href="#"><u>Tom's party</u></a>	<a href="#"><u>What do you like doing?</u></a>	<a href="#"><u>Where are you?</u></a>
<a href="#"><u>Speaking or eating?</u></a>	<a href="#"><u>I'll pay</u></a>	<a href="#"><u>A race</u></a>	<a href="#"><u>Brown bread</u></a>
<a href="#"><u>Family photos</u></a>	<a href="#"><u>Sportsman</u></a>	<a href="#"><u>What time is it?</u></a>	<a href="#"><u>An old friend</u></a>
<a href="#"><u>Horoscopes</u></a>	<a href="#"><u>Can you speak French?</u></a>	<a href="#"><u>Is there a campsite?</u></a>	

**Big City Small World:** Do you enjoy listening to audio fiction? In this section, listen to our audio fiction series for intermediate (CEFR level B1) learners about a group of people from around the world who are living in London. You will improve your listening comprehension and develop your vocabulary. Each recording has a transcript and interactive exercises to help you understand and use the language. Listen to our audio fiction series about a group of young people from around the world who are living in London.

<a href="#"><u>Meeting friends</u></a>	<a href="#"><u>Job offer</u></a>	<a href="#"><u>Kicked out!</u></a>	<a href="#"><u>We have a mission!</u></a>
<a href="#"><u>Fadi to the Rescue</u></a>	<a href="#"><u>He's a pest!</u></a>	<a href="#"><u>Cheer up!</u></a>	<a href="#"><u>I'll be rich In three years!</u></a>
<a href="#"><u>Aaagghhh... my injured leg!</u></a>	<a href="#"><u>You'll be a shoo-in!</u></a>	<a href="#"><u>I'm an architect!</u></a>	<a href="#"><u>Good news and bad news</u></a>
<a href="#"><u>Fingers crossed</u></a>	<a href="#"><u>Hello Carlos!</u></a>	<a href="#"><u>Harry's new girlfriend</u></a>	<a href="#"><u>Save the café!</u></a>
<a href="#"><u>Good journalism?</u></a>	<a href="#"><u>Welcome back Johnny!</u></a>	<a href="#"><u>Alone for Christmas?</u></a>	<a href="#"><u>Happy New Year</u></a>
<a href="#"><u>New Year's resolutions</u></a>	<a href="#"><u>A date</u></a>	<a href="#"><u>Embarrassment</u></a>	<a href="#"><u>Something In common</u></a>
<a href="#"><u>A burglary</u></a>	<a href="#"><u>A prize</u></a>	<a href="#"><u>The boys talk</u></a>	<a href="#"><u>A new chef</u></a>
<a href="#"><u>Environmental issues</u></a>	<a href="#"><u>I'm in!</u></a>	<a href="#"><u>Dumped?</u></a>	<a href="#"><u>Speculate to accumulate</u></a>
<a href="#"><u>Saving the business?</u></a>	<a href="#"><u>Family matters</u></a>	<a href="#"><u>Time is money</u></a>	<a href="#"><u>Popping the question</u></a>

**Learn English podcasts:** learn everyday English by listening to our podcasts in series 01.

<a href="#"><u>Series 01 episode 01</u></a>	<a href="#"><u>Series 01 episode 02</u></a>	<a href="#"><u>Series 01 episode 03</u></a>	<a href="#"><u>Series 01 episode 04</u></a>
<a href="#"><u>Series 01 episode 05</u></a>	<a href="#"><u>Series 01 episode 06</u></a>	<a href="#"><u>Series 01 episode 07</u></a>	<a href="#"><u>Series 01 episode 08</u></a>
<a href="#"><u>Series 01 episode 09</u></a>	<a href="#"><u>Series 01 episode 10</u></a>	<a href="#"><u>Series 02 episode 01</u></a>	<a href="#"><u>Series 02 episode 02</u></a>

Animals/Art/ Bestival/ Big meal/ Blackpool/ Camden/ Christmas/ Dating/ Education/ Farming/ Flathunting/ Hallowe'en/ History/ hospital/indoor sports/ jobs/Loch Ness/ Murder Mystery/ Music/ Night Out/ Notting Hill/ Paris/ Oxford/ Shakespeare/ Social Media/ Sport/ York/ Transport and travel/ Snowdon/ Northern Ireland/ Britain is great/ choose a video: This time, it's Ashlie's chance

for fame. She goes to interview for an acting job, but someone else steals the show! Ashlie's dog, Poppy, goes to the beautician and Stephen finds out how to give a dog a makeover. It's not just dogs that need love; Joe goes to a London animal shelter to meet some more unusual animals.

<a href="#"><u>Animals Scene 1</u></a>	<a href="#"><u>Animals Scene 1 Language Focus</u></a>	<a href="#"><u>Animals Scene 2</u></a>	<a href="#"><u>Animals Scene 2 Language Focus</u></a>
<a href="#"><u>Wild Animals</u></a>	<a href="#"><u>Art Scene 1</u></a>	<a href="#"><u>Art Scene 1 Language Focus</u></a>	<a href="#"><u>Art Scene 2</u></a>
<a href="#"><u>Art Scene 2 Language Focus</u></a>	<a href="#"><u>Pop-up Galleries</u></a>	<a href="#"><u>Bestival Scene 1</u></a>	<a href="#"><u>Bestival Scene 1 Language Focus</u></a>
<a href="#"><u>Bestival Scene 2</u></a>	<a href="#"><u>Bestival Scene 2 Language Focus</u></a>	<a href="#"><u>The Classic British Car</u></a>	<a href="#"><u>Big Meal Scene 1</u></a>
<a href="#"><u>Big Meal Scene 1 Language Focus</u></a>	<a href="#"><u>Big Meal Scene 2</u></a>	<a href="#"><u>Big Meal Scene 2 Language Focus</u></a>	<a href="#"><u>Food in Britain</u></a>
<a href="#"><u>Blackpool Scene 1</u></a>	<a href="#"><u>Blackpool Scene 1 - Language Focus</u></a>	<a href="#"><u>Blackpool Scene 2</u></a>	<a href="#"><u>Blackpool Scene 2 - Language Focus</u></a>
<a href="#"><u>Seaside Entertainment</u></a>	<a href="#"><u>Camden Fashion</u></a>	<a href="#"><u>Camden Scene 1</u></a>	<a href="#"><u>Camden Scene 1 - Language Focus</u></a>
<a href="#"><u>Camden Scene 2</u></a>	<a href="#"><u>Camden Scene 2 - Language Focus</u></a>	<a href="#"><u>Christmas Scene 1</u></a>	<a href="#"><u>Christmas Scene 1 Language Focus</u></a>
<a href="#"><u>Christmas Scene 2</u></a>	<a href="#"><u>Christmas Scene 2 Language Focus</u></a>	<a href="#"><u>Christmas Shopping</u></a>	<a href="#"><u>Dating Scene 1</u></a>
<a href="#"><u>Dating Scene 1 - Language Focus</u></a>	<a href="#"><u>Dating Scene 2</u></a>	<a href="#"><u>Dating Scene 2 - Language Focus</u></a>	<a href="#"><u>Wedding</u></a>
<a href="#"><u>Education Scene 1</u></a>	<a href="#"><u>Education Scene 1 - Language Focus</u></a>	<a href="#"><u>Education Scene 2</u></a>	<a href="#"><u>Education Scene 2 - Language Focus</u></a>

<a href="#"><u>Working in Fashion</u></a>	<a href="#"><u>Farming Scene 1</u></a>	<a href="#"><u>Farming Scene 1 - Language Focus</u></a>	<a href="#"><u>Farming Scene 2</u></a>
<a href="#"><u>Farming Scene 2 - Language Focus</u></a>	<a href="#"><u>Ice Cream</u></a>	<a href="#"><u>Flathunting Scene 1</u></a>	<a href="#"><u>Flathunting Scene 1 Language Focus</u></a>
<a href="#"><u>Flathunting Scene 2</u></a>	<a href="#"><u>Flathunting Scene 2 Language Focus</u></a>	<a href="#"><u>Homes of the Future</u></a>	<a href="#"><u>Bonfire Night</u></a>
<a href="#"><u>Hallowe'en Scene 1</u></a>	<a href="#"><u>Hallowe'en Scene 1 Language Focus</u></a>	<a href="#"><u>Hallowe'en Scene 2</u></a>	<a href="#"><u>Hallowe'en Scene 2 Language Focus</u></a>
<a href="#"><u>English History</u></a>	<a href="#"><u>History Scene 1</u></a>	<a href="#"><u>History Scene 1 - Language Focus</u></a>	<a href="#"><u>History Scene 2</u></a>
<a href="#"><u>History Scene 2 - Language Focus</u></a>	<a href="#"><u>Hospital Scene 1</u></a>	<a href="#"><u>Hospital Scene 1 - Language Focus</u></a>	<a href="#"><u>Hospital Scene 2</u></a>
<a href="#"><u>Hospital Scene 2 - Language Focus</u></a>	<a href="#"><u>Paramedics</u></a>	<a href="#"><u>British Weather</u></a>	<a href="#"><u>Indoor Sports Scene 1</u></a>
<a href="#"><u>Indoor Sports Scene 1 Language Focus</u></a>	<a href="#"><u>Indoor Sports Scene 2</u></a>	<a href="#"><u>Indoor Sports Scene 2 Language Focus</u></a>	<a href="#"><u>Jobs Scene 1</u></a>
<a href="#"><u>Jobs Scene 1 - Language Focus</u></a>	<a href="#"><u>Jobs Scene 2</u></a>	<a href="#"><u>Jobs Scene 2 - Language Focus</u></a>	<a href="#"><u>Starting a Business</u></a>
<a href="#"><u>Four Nations</u></a>	<a href="#"><u>Loch Ness Scene 1</u></a>	<a href="#"><u>Loch Ness Scene 1 - Language Focus</u></a>	<a href="#"><u>Loch Ness Scene 2</u></a>
<a href="#"><u>Loch Ness Scene 2 - Language Focus</u></a>	<a href="#"><u>Murder Mystery Scene 1</u></a>	<a href="#"><u>Murder Mystery Scene 1 - Language Focus</u></a>	<a href="#"><u>Murder Mystery Scene 2</u></a>

<a href="#"><u>Murder Mystery Scene 2 - Language Focus</u></a>	<a href="#"><u>Sherlock Holmes</u></a>	<a href="#"><u>Live Music</u></a>	<a href="#"><u>Music Scene 1</u></a>
<a href="#"><u>Music Scene 1 - Language Focus</u></a>	<a href="#"><u>Music Scene 2</u></a>	<a href="#"><u>Music Scene 2 - Language Focus</u></a>	<a href="#"><u>Night Out Scene 1</u></a>
<a href="#"><u>Night Out Scene 1 - Language Focus</u></a>	<a href="#"><u>Night Out Scene 2</u></a>	<a href="#"><u>Night Out Scene 2 - Language Focus</u></a>	<a href="#"><u>The British Pub</u></a>
<a href="#"><u>Multicultural Britain</u></a>	<a href="#"><u>Notting Hill Scene 1</u></a>	<a href="#"><u>Notting Hill Scene 1 - Language Focus</u></a>	<a href="#"><u>Notting Hill Scene 2</u></a>
<a href="#"><u>Notting Hill Scene 2 - Language Focus</u></a>	<a href="#"><u>Oxford Scene 1</u></a>	<a href="#"><u>Oxford Scene 1 - Language Focus</u></a>	<a href="#"><u>Oxford Scene 2</u></a>
<a href="#"><u>Oxford Scene 2 - Language Focus</u></a>	<a href="#"><u>Oxford University</u></a>	<a href="#"><u>Britain in Europe?</u></a>	<a href="#"><u>Paris Scene 1</u></a>
<a href="#"><u>Paris Scene 1 Language Focus</u></a>	<a href="#"><u>Paris Scene 2</u></a>	<a href="#"><u>Paris Scene 2 Language Focus</u></a>	<a href="#"><u>London's TheatreLand</u></a>
<a href="#"><u>Shakespeare Scene 1</u></a>	<a href="#"><u>Shakespeare Scene 1 Language Focus</u></a>	<a href="#"><u>Shakespeare Scene 2</u></a>	<a href="#"><u>Shakespeare Scene 2 Language Focus</u></a>
<a href="#"><u>Social Media Revolution</u></a>	<a href="#"><u>Social Media Scene 1</u></a>	<a href="#"><u>Social Media Scene 1 - Language Focus</u></a>	<a href="#"><u>Social Media Scene 2</u></a>
<a href="#"><u>Social Media Scene 2 - Language Focus</u></a>	<a href="#"><u>Sport Scene 1</u></a>	<a href="#"><u>Sport Scene 1 - Language Focus</u></a>	<a href="#"><u>Sport Scene 2</u></a>

<a href="#"><u>Sport Scene 2 - Language Focus</u></a>	<a href="#"><u>Women's football</u></a>	<a href="#"><u>Heritage Tourism</u></a>	<a href="#"><u>York Scene 1</u></a>
<a href="#"><u>York Scene 1 Language Focus</u></a>	<a href="#"><u>York Scene 2</u></a>	<a href="#"><u>York Scene 2 Language Focus</u></a>	<a href="#"><u>The City of London</u></a>
<a href="#"><u>Transport and Travel Scene 1</u></a>	<a href="#"><u>Transport and Travel Scene 1 - Language Focus</u></a>	<a href="#"><u>Transport and Travel Scene 2</u></a>	<a href="#"><u>Transport and Travel Scene 2 - Language Focus</u></a>
<a href="#"><u>Extreme Sports</u></a>	<a href="#"><u>Snowdon Scene 1</u></a>	<a href="#"><u>Snowdon Scene 1 - Language Focus</u></a>	<a href="#"><u>Snowdon Scene 2</u></a>
<a href="#"><u>Snowdon Scene 2 - Language Focus</u></a>	<a href="#"><u>Northern Ireland Scene 1</u></a>	<a href="#"><u>Northern Ireland Scene 1 Language Focus</u></a>	<a href="#"><u>Northern Ireland Scene 2</u></a>
<a href="#"><u>Northern Ireland Scene 2 Language Focus</u></a>	<a href="#"><u>Northern Ireland's Street Art</u></a>	<a href="#"><u>Countryside is GREAT - Part 1</u></a>	<a href="#"><u>Creativity is GREAT - Part 1</u></a>
<a href="#"><u>English is GREAT - Part 1</u></a>	<a href="#"><u>English is GREAT - Part 2</u></a>	<a href="#"><u>Entrepreneurs are GREAT - Part 1</u></a>	<a href="#"><u>Green is GREAT - Part 1</u></a>
<a href="#"><u>Heritage is GREAT - Part 1</u></a>	<a href="#"><u>Innovation is GREAT - Part 1</u></a>	<a href="#"><u>Knowledge is GREAT - Part 1</u></a>	<a href="#"><u>Literature is GREAT - Part 1</u></a>
<a href="#"><u>Music is GREAT - Part 1</u></a>	<a href="#"><u>Music is GREAT - Part 2</u></a>	<a href="#"><u>Shopping is GREAT - Part 1</u></a>	<a href="#"><u>Sport is GREAT - Part 1</u></a>
<a href="#"><u>Sport is GREAT - Part 2</u></a>	<a href="#"><u>Shopping is GREAT - Part 2</u></a>	<a href="#"><u>Knowledge is GREAT - Part 2</u></a>	<a href="#"><u>Green is GREAT - Part 2</u></a>

### Speaking

Practice and improve your speaking skills for your school studies, your exams and for real life. There are videos and activities for different levels, so find your level and make a start.



**Beginner A1 speaking:** Are you a beginner (CEFR level A1) learner of English? Practice your speaking with these interactive videos.

<a href="#"><u>At the shop</u></a>	<a href="#"><u>Homework problems</u></a>	<a href="#"><u>Meeting people</u></a>	<a href="#"><u>Not feeling well</u></a>
------------------------------------	--	---------------------------------------	---

**Elementary A2 speaking:** Are you an elementary (CEFR level A2) learner of English? Practise your speaking with these interactive videos.

<a href="#"><u>Buying new shoes</u></a>	<a href="#"><u>Giving your opinion</u></a>	<a href="#"><u>Making plans</u></a>	<a href="#"><u>Talking about your family</u></a>
---	--	-------------------------------------	--

**Intermediate B1 speaking:** Are you an intermediate (CEFR level B1) learner of English? Practise your speaking with these interactive videos.

<a href="#"><u>A friend in need</u></a>	<a href="#"><u>Different opinions</u></a>	<a href="#"><u>Problems at the train station</u></a>	<a href="#"><u>Talking about your weekend</u></a>
---	---	--	---

**Upper intermediate B2 speaking:** Are you an upper intermediate (CEFR level B2) learner of English? Practice your speaking with these interactive videos.

<a href="#"><u>An interview</u></a>	<a href="#"><u>Discussing exam results</u></a>	<a href="#"><u>Pros and cons of mobile phones</u></a>	<a href="#"><u>Who to invite</u></a>
-------------------------------------	--	---	--------------------------------------

**C1 advanced: Pros and cons of mobile phones:** Gemma is sick of being ignored while Sam is on his phone. In this video they discuss the pros and cons of being constantly connected. What will they decide to do? Do the preparation exercise first. Then watch the video and follow the instructions to practice your speaking.

<a href="#"><u>Preparation</u></a>
------------------------------------

### Reading

Practice and improve your reading skills for your school studies and your English exams. There are activities for different levels, so find your level and make a start. Here you can find activities to practice your reading skills. Reading will help you to improve your understanding of the language and build your vocabulary. The self-study lessons in this section are written and organized according to the levels of the Common European Framework of Reference for languages (CEFR). There are different types of texts and interactive exercises that practice the reading skills you need to do well in your studies, to get ahead at work and to communicate in English in your free time.

**Beginner A1 reading:** Are you a beginner (CEFR level A1) learner of English? Practice and improve your reading skills with these texts and exercises. This section offers reading practice to help you understand simple information, words and sentences about known topics. Texts include posters, messages, forms and timetables. Each lesson has a preparation task, a reading text and two tasks to check your understanding and to practice a variety of reading skills. Make a start today.

<a href="#"><u>A lost dog</u></a>	<a href="#"><u>A thank-you email</u></a>	<a href="#"><u>At the restaurant</u></a>	<a href="#"><u>At the swimming pool</u></a>
<a href="#"><u>At the train station</u></a>	<a href="#"><u>At the university sports club</u></a>	<a href="#"><u>Can you cook?</u></a>	<a href="#"><u>Exam help messages</u></a>
<a href="#"><u>Finding a home</u></a>	<a href="#"><u>On the telephone</u></a>	<a href="#"><u>Shopping for electronics</u></a>	<a href="#"><u>The language school</u></a>
<a href="#"><u>The school library</u></a>			
<a href="#"><u>A poster at work</u></a>	<a href="#"><u>A poster for exam candidates</u></a>	<a href="#"><u>A restaurant menu</u></a>	<a href="#"><u>A study timetable</u></a>
<a href="#"><u>An airport departures board</u></a>	<a href="#"><u>Business cards</u></a>	<a href="#"><u>Dictionary definitions</u></a>	<a href="#"><u>Holiday home adverts</u></a>
<a href="#"><u>Job adverts</u></a>	<a href="#"><u>Notes at work</u></a>	<a href="#"><u>Student card application</u></a>	<a href="#"><u>Text messages to a friend</u></a>

**Elementary A2 reading:** Are you an elementary (CEFR level A2) learner of English? Practice and improve your reading skills with these texts and exercises. This section offers reading practice to help you understand simple texts and find specific information in everyday material. Texts include emails, invitations, personal messages, tips, notices and signs. Each lesson has a preparation task, a reading text and two tasks to check your understanding and to practice a variety of reading skills. Make a start today.

<a href="#"><u>7 tips for a tidy desk</u></a>	<a href="#"><u>A restaurant menu</u></a>	<a href="#"><u>A train timetable</u></a>	<a href="#"><u>About the Earth</u></a>
<a href="#"><u>Are you a good digital citizen?</u></a>	<a href="#"><u>Films and entertainment</u></a>	<a href="#"><u>Finding a job</u></a>	<a href="#"><u>Going out</u></a>
<a href="#"><u>Mind maps</u></a>	<a href="#"><u>My city</u></a>	<a href="#"><u>My town</u></a>	<a href="#"><u>On the internet</u></a>
<a href="#"><u>Online safety poster</u></a>	<a href="#"><u>Shopping signs and notices</u></a>		

<a href="#"><u>A message to a new friend</u></a>	<a href="#"><u>An email from a friend</u></a>	<a href="#"><u>An end of term report</u></a>	<a href="#"><u>An invitation to a job interview</u></a>
<a href="#"><u>Choosing a conference venue</u></a>	<a href="#"><u>English course prospectus</u></a>	<a href="#"><u>Professional profile summaries</u></a>	<a href="#"><u>Study skills tips</u></a>

**Intermediate B1 reading:** Are you an intermediate (CEFR level B1) learner of English? Practice and improve your reading skills with these texts and exercises. This section offers reading practice to help you understand texts with every day or job-related language. Texts include articles, travel guides, emails, adverts and reviews. Each lesson has a preparation task, a reading text and two tasks to check your understanding and to practice a variety of reading skills. Make a start today.

<a href="#"><u>Adventure travel</u></a>	<a href="#"><u>An Olympic blog</u></a>	<a href="#"><u>Food and restaurants</u></a>	<a href="#"><u>Foreign exchange emails</u></a>
<a href="#"><u>Friendship quiz</u></a>	<a href="#"><u>How to be a safe and smart searcher</u></a>	<a href="#"><u>Interview with Henry Smiles</u></a>	<a href="#"><u>Job adverts</u></a>
<a href="#"><u>Phone chat</u></a>	<a href="#"><u>Skills for the 21st-century workplace</u></a>	<a href="#"><u>The noticeboard</u></a>	<a href="#"><u>Tips for being a super-organised student</u></a>
<a href="#"><u>Travel guide</u></a>			
<a href="#"><u>A conference programme</u></a>	<a href="#"><u>A flyer for a gym</u></a>	<a href="#"><u>A travel guide</u></a>	<a href="#"><u>An email request for help</u></a>
<a href="#"><u>Digital habits across generations</u></a>	<a href="#"><u>Encyclopedia entry</u></a>	<a href="#"><u>How to spot fake news</u></a>	<a href="#"><u>Innovation in business</u></a>
<a href="#"><u>Robot teachers</u></a>	<a href="#"><u>Social media influencers</u></a>	<a href="#"><u>The legend of fairies</u></a>	<a href="#"><u>The Martian: a book review</u></a>

**Upper intermediate B2 reading:** Are you an upper intermediate (CEFR level B2) learner of English? Practice and improve your reading skills with these texts and exercises. This section offers reading practice to help you understand texts with a wide vocabulary where you may need to consider the writer's opinion. Texts include articles, reports, messages, short stories and reviews. Each lesson has a preparation task, a reading text and two tasks to check your understanding and to practice a variety of reading skills. Make a start today.

<a href="#"><u>Are celebrities bad for you?</u></a>	<a href="#"><u>Are zoos a good thing?</u></a>	<a href="#"><u>Choosing a musical instrument</u></a>	<a href="#"><u>FOMO</u></a>
<a href="#"><u>Leaving home</u></a>	<a href="#"><u>Study problems – help is here</u></a>	<a href="#"><u>The end of life on Earth?</u></a>	<a href="#"><u>The Facebook party that became a riot</u></a>
<a href="#"><u>The history of graffiti</u></a>	<a href="#"><u>The history of zombies</u></a>	<a href="#"><u>The world's weirdest food</u></a>	<a href="#"><u>Video games are good for you!</u></a>
<a href="#"><u>Your digital footprint</u></a>			
<a href="#"><u>A Plastic Ocean: a film review</u></a>	<a href="#"><u>A short story extract</u></a>	<a href="#"><u>An email from a friend</u></a>	<a href="#"><u>Asteroids</u></a>
<a href="#"><u>Cultural expectations and leadership</u></a>	<a href="#"><u>Instant messages</u></a>	<a href="#"><u>Millennials in the workplace</u></a>	<a href="#"><u>Star Wars and the hero myth</u></a>
<a href="#"><u>The Buy Nothing movement</u></a>	<a href="#"><u>The sharing economy</u></a>	<a href="#"><u>Why bridges collapse</u></a>	<a href="#"><u>Work–life balance</u></a>

**Advanced C1 reading:** Are you an advanced (CEFR level C1) learner of English? Practice and improve your reading skills with these texts and exercises. This section offers reading practice to help you understand long, complex texts about a wide variety of topics, some of which may be unfamiliar. Texts include specialized articles, biographies and summaries. Each lesson has a preparation task, a reading text and two tasks to check your understanding and to practice a variety of reading skills. Make a start today.

<a href="#"><u>Are we losing the art of conversation?</u></a>	<a href="#"><u>Do you have the right mindset?</u></a>	<a href="#"><u>How to be happy</u></a>	<a href="#"><u>Me and my brain</u></a>
<a href="#"><u>Robots: friend or foe?</u></a>	<a href="#"><u>Super-recognisers</u></a>	<a href="#"><u>Superpowers for a super life?</u></a>	<a href="#"><u>The rise of fake news</u></a>
<a href="#"><u>Two remarkable people</u></a>	<a href="#"><u>What do you know about spiders?</u></a>		
<a href="#"><u>A biography of Kilian Jornet</u></a>	<a href="#"><u>A threat to bananas</u></a>	<a href="#"><u>Cultural behaviour in business</u></a>	<a href="#"><u>Four book summaries</u></a>
<a href="#"><u>Giving and receiving positive feedback</u></a>	<a href="#"><u>Horror film clichés</u></a>	<a href="#"><u>How humans evolved language</u></a>	<a href="#"><u>Life on Mars</u></a>

<a href="#">Managing a problem</a>	<a href="#">Political manifestos</a>	<a href="#">Sustainable supermarkets</a>	<a href="#">The state of the world</a>
------------------------------------	--------------------------------------	--	--

**Business magazine:** Do you want to practice your reading and find out about business topics and issues at the same time? In this section, read magazine articles for intermediate (CEFR level B1) or upper intermediate (CEFR level B2) learners and improve your reading skills in English. You will learn useful language for a wide range of business topics from different perspectives, as well as tips and techniques for dealing with business issues. Each article has interactive exercises to help you understand and use the language.

<a href="#">Achievement</a>	<a href="#">An introduction to coaching</a>	<a href="#">An introduction to competencies</a>	<a href="#">Change management</a>
<a href="#">Multiple Intelligences</a>	<a href="#">Relationship-building</a>		

**English for emails:** Do you need to write emails in English at work? In this section, follow our series of units for pre-intermediate (CEFR level A2) or intermediate (CEFR level B1) learners and improve your email writing skills in English. You will learn useful language and techniques for writing, organizing and checking emails. Each unit has interactive exercises to help you understand and use the language.

<a href="#">Unit 1: Email addresses</a>	<a href="#">Unit 2: Sending and receiving emails</a>	<a href="#">Unit 3: Organising your emails</a>	<a href="#">Unit 4: Starting and finishing emails</a>
<a href="#">Unit 5: Making arrangements</a>	<a href="#">Unit 6: Enquiries</a>	<a href="#">Unit 7: Organising your writing</a>	<a href="#">Unit 8: Proofreading</a>
<a href="#">Unit 9: Email etiquette</a>			

**Read an article:** Do you enjoy reading articles? In this section, read about a wide range of topics in our articles for upper intermediate (CEFR level B2) and advanced (CEFR level C1) learners. You will improve your reading comprehension and develop your vocabulary. Each article has interactive exercises to help you understand and use the language.

<a href="#">Acupuncture</a>	<a href="#">Archaeology</a>	<a href="#">Awards</a>	<a href="#">Bilingualism</a>
<a href="#">Building bridges</a>	<a href="#">Calendars</a>	<a href="#">Ecotourism</a>	<a href="#">Philosophy</a>

<a href="#"><u>Rainforests rule!</u></a>	<a href="#"><u>The Eden Project</u></a>	<a href="#"><u>The life of trees</u></a>	<a href="#"><u>Universities</u></a>
--	---	--	-------------------------------------

**Stories:** Do you enjoy reading stories? In this section, read our entertaining short stories specially written for intermediate (CEFR level B1) or upper intermediate (CEFR level B2) learners. You will improve your reading fluency and comprehension and develop your vocabulary. Each story has interactive exercises to help you understand and use the language.

<a href="#"><u>A serious case</u></a>	<a href="#"><u>Alberto's new neighbours</u></a>	<a href="#"><u>Coming back up</u></a>	<a href="#"><u>Elephants, bananas and Aunt Ethel</u></a>
<a href="#"><u>King of the pumpkins</u></a>	<a href="#"><u>Mr Smith's new nose</u></a>	<a href="#"><u>Scarlett</u></a>	<a href="#"><u>The birth of a star</u></a>
<a href="#"><u>The broken mirror, the black cat and lots of good luck</u></a>	<a href="#"><u>The Christmas the lights went out</u></a>	<a href="#"><u>The comeback</u></a>	<a href="#"><u>The Dinosaur in Jake's Garage</u></a>
<a href="#"><u>The fix</u></a>	<a href="#"><u>The golden boys</u></a>	<a href="#"><u>The interesting most boring man in the world</u></a>	<a href="#"><u>The skier</u></a>
<a href="#"><u>Two peas in a pod</u></a>			

## Writing

Practice and improve your writing skills for your school studies and your English exams. There are activities for different levels, so find your level and make a start. Here you can find activities to practice your writing skills. You can improve your writing by understanding model texts and how they're structured. The self-study lessons in this section are written and organized according to the levels of the Common European Framework of Reference for languages (CEFR). There are different types of model texts, with writing tips and interactive exercises that practice the writing skills you need to do well in your studies, to get ahead at work and to communicate in English in your free time.

**Beginner A1 writing:** Are you a beginner (CEFR level A1) learner of English? Practice and improve your writing skills with these texts and exercises. This section offers writing practice to help you write short, simple texts about known topics and fill in forms. Texts include messages, emails and forms. Each lesson has a preparation task, a model text with writing tips and three tasks to check your understanding and to practice a variety of writing skills. Make a start today.

<a href="#"><u>About my family</u></a>	<a href="#"><u>Applying for a job</u></a>	<a href="#"><u>At school</u></a>	<a href="#"><u>At the library</u></a>
<a href="#"><u>Introducing yourself by email</u></a>	<a href="#"><u>Introducing yourself on a blog</u></a>	<a href="#"><u>Meeting friends</u></a>	<a href="#"><u>My favourite meal</u></a>
<a href="#"><u>School poster project</u></a>	<a href="#"><u>Student card application</u></a>	<a href="#"><u>Study date email</u></a>	<a href="#"><u>Study diary</u></a>
<a href="#"><u>A message to say you're late</u></a>	<a href="#"><u>A noticeboard message</u></a>	<a href="#"><u>A text message invitation</u></a>	<a href="#"><u>A thank-you email</u></a>
<a href="#"><u>An application form</u></a>	<a href="#"><u>An email to book a hotel</u></a>	<a href="#"><u>An email to confirm an appointment</u></a>	<a href="#"><u>An email to congratulate a colleague</u></a>
<a href="#"><u>Emails about studying in the UK</u></a>	<a href="#"><u>Instructions for a colleague</u></a>	<a href="#"><u>Online course introductions</u></a>	

**Elementary A2 writing:** Are you an elementary (CEFR level A2) learner of English? Practice and improve your writing skills with these texts and exercises. This section offers writing practice to help you write short, simple texts, notes and messages. Texts include messages, forum posts, personal profiles, forms and emails. Each lesson has a preparation task, a model text with writing tips and three tasks to check your understanding and to practice a variety of writing skills. Make a start today.

<a href="#"><u>A chat</u></a>	<a href="#"><u>A postcard from New York</u></a>	<a href="#"><u>A postcard from Scotland</u></a>	<a href="#"><u>A recipe</u></a>
<a href="#"><u>A social network site</u></a>	<a href="#"><u>An email about sports</u></a>	<a href="#"><u>An invitation</u></a>	<a href="#"><u>Film review</u></a>
<a href="#"><u>Invitation messages</u></a>	<a href="#"><u>Summer jobs</u></a>	<a href="#"><u>The school trip</u></a>	<a href="#"><u>Trains and travel</u></a>
<a href="#"><u>Travelling abroad</u></a>			
<a href="#"><u>A personal profile</u></a>	<a href="#"><u>An accommodation form</u></a>	<a href="#"><u>An email about a business event</u></a>	<a href="#"><u>An email cover letter</u></a>
<a href="#"><u>An email explaining a problem</u></a>	<a href="#"><u>An email to ask a colleague to do something</u></a>	<a href="#"><u>An expression of interest</u></a>	<a href="#"><u>An online discussion forum</u></a>



<a href="#"><u>Instructions for a colleague</u></a>	<a href="#"><u>Messaging to cancel a plan</u></a>	<a href="#"><u>Messaging to make plans</u></a>	<a href="#"><u>My last holiday</u></a>
---	---	--	--

**Intermediate B1 writing:** Are you an intermediate (CEFR level B1) learner of English? Practice and improve your writing skills with these texts and exercises. This section offers writing practice to help you write simple connected text on familiar topics that are of personal interest. Texts include forum posts, reviews, messages, short essays and emails. Each lesson has a preparation task, a model text with writing tips and three tasks to check your understanding and to practice a variety of writing skills. Make a start today.

<a href="#"><u>A blog</u></a>	<a href="#"><u>A CV</u></a>	<a href="#"><u>A for and against essay</u></a>	<a href="#"><u>A letter to a friend</u></a>
<a href="#"><u>A short story</u></a>	<a href="#"><u>A website review</u></a>	<a href="#"><u>An email to a new friend</u></a>	<a href="#"><u>An invitation to a party</u></a>
<a href="#"><u>An opinion essay</u></a>	<a href="#"><u>Checking out websites</u></a>	<a href="#"><u>Describing a bar chart</u></a>	<a href="#"><u>Someone I admire</u></a>
<a href="#"><u>Writing about a pie chart</u></a>	<a href="#"><u>Reflective writing</u></a>	<a href="#"><u>New Year's resolutions</u></a>	<a href="#"><u>An email to invite someone to a job interview</u></a>
<a href="#"><u>A class forum</u></a>	<a href="#"><u>A professional profile</u></a>	<a href="#"><u>A report on a student meeting</u></a>	<a href="#"><u>A restaurant review</u></a>
<a href="#"><u>A thank-you message</u></a>	<a href="#"><u>An email giving holiday advice</u></a>	<a href="#"><u>An email to explain an accommodation problem</u></a>	

**Upper intermediate B2 writing:** Are you an upper intermediate (CEFR level B2) learner of English? Practice and improve your writing skills with these texts and exercises. This section offers writing practice to help you write clear, detailed text on a wide range of topics related to your interests. Texts include essays, reports, reviews, messages and emails. Each lesson has a preparation task, a model text with writing tips and three tasks to check your understanding and to practice a variety of writing skills. Make a start today.

<a href="#"><u>A blog – The X Games</u></a>	<a href="#"><u>A for and against essay about the internet</u></a>	<a href="#"><u>A magazine article</u></a>	<a href="#"><u>A more formal email</u></a>
<a href="#"><u>A report</u></a>	<a href="#"><u>A story</u></a>	<a href="#"><u>An informal email</u></a>	<a href="#"><u>FOMO</u></a>

<a href="#">Life skills essay</a>	<a href="#">Skyfall film review</a>	<a href="#">Teen stress</a>	<a href="#">Writing about a bar chart</a>
<a href="#">Writing about survey results</a>	<a href="#">A covering email</a>	<a href="#">A CV</a>	<a href="#">A letter of complaint</a>
<a href="#">A report on working abroad</a>	<a href="#">Giving instructions by email</a>	<a href="#">An opinion essay</a>	<a href="#">An informal email to a friend</a>
<a href="#">A summary of a line graph</a>	<a href="#">An email to request time off</a>	<a href="#">An email to your professor</a>	

**Advanced C1 writing:** Are you an advanced (CEFR level C1) learner of English? Practice and improve your writing skills with these texts and exercises. This section offers writing practice to help you write clear, well-structured texts about complex subjects. Texts include essays, proposals, articles, reports, reviews and emails. Each lesson has a preparation task, a model text with writing tips and three tasks to check your understanding and to practice a variety of writing skills.

<a href="#">A cover letter</a>	<a href="#">A for and against essay about online communication</a>	<a href="#">A report on a school trip abroad</a>	<a href="#">A web tool review</a>
<a href="#">An essay about leisure time and academic pressure</a>	<a href="#">An informal email or letter</a>	<a href="#">An invitation letter</a>	<a href="#">An opinion essay about fast food</a>
<a href="#">Describing a graph of trends over time</a>	<a href="#">Describing bar charts about reading habits</a>		
<a href="#">A music review</a>	<a href="#">A proposal for a digital newspaper</a>	<a href="#">A report on a research study</a>	<a href="#">A response to a complaint</a>
<a href="#">An email explaining an incident</a>	<a href="#">An email request</a>	<a href="#">An email to a friend</a>	<a href="#">An essay about women in science</a>
<a href="#">An opinion essay</a>	<a href="#">Conference bios</a>	<a href="#">Describing a table</a>	<a href="#">The changing workplace</a>

**Writing for a purpose:** This section will help you to improve your writing for college and university assignments. There's information and advice about different types of writing tasks. Our exercises and examples will help you to write clearly and get top marks. These materials are for advanced C1/C2.

<a href="#"><u>Explanations</u></a>	<a href="#"><u>Exercises</u></a>	<a href="#"><u>Literature Surveys</u></a>	<a href="#"><u>Methodology Recounts</u></a>
<a href="#"><u>Research Reports</u></a>	<a href="#"><u>Essays</u></a>	<a href="#"><u>Critiques</u></a>	<a href="#"><u>Event Recounts</u></a>
<a href="#"><u>Public Engagement</u></a>	<a href="#"><u>Case Studies</u></a>	<a href="#"><u>Design Specifications</u></a>	<a href="#"><u>Problem Questions</u></a>
<a href="#"><u>Proposals</u></a>	<a href="#"><u>Genre Families: Introduction</u></a>	<a href="#"><u>Your Writing Task: Your Purpose</u></a>	<a href="#"><u>All Disciplines</u></a>
<a href="#"><u>Primary purposes</u></a>	<a href="#"><u>Resources</u></a>		

**Video zone/Choose a video:** Do you enjoy watching YouTube videos in English? In this section, watch YouTube videos on a wide range of topics, including science, psychology, entertainment, culture, nature and sport. The videos are specially selected for upper intermediate (CEFR level B2) and advanced (CEFR level C1) learners of English. You will develop your ability to understand a variety of accents and speakers, as well as a range of colloquial and idiomatic language in context. Each video has a transcript and interactive exercises to help you understand the language.

<a href="#"><u>How baby flamingos become pink</u></a>	<a href="#"><u>How these women changed science forever</u></a>	<a href="#"><u>Water changes everything</u></a>	<a href="#"><u>Warrior women</u></a>
<a href="#"><u>How to make perfect pancakes</u></a>	<a href="#"><u>The rubber hand illusion</u></a>	<a href="#"><u>Santa Claus is real</u></a>	<a href="#"><u>Seeing is believing</u></a>
<a href="#"><u>Wheelchair costumes turn kids into superheroes</u></a>	<a href="#"><u>Is it possible to ride a motorbike on a lake?</u></a>	<a href="#"><u>Can a cuttlefish disappear in a living room?</u></a>	<a href="#"><u>Can eating fruit be bad for you?</u></a>

<a href="#">The London building that can fry an egg</a>	<a href="#">Dolphins know the best way to catch fish</a>	<a href="#">Two monkeys were paid unequally</a>	<a href="#">Why aren't babies afraid of snakes?</a>
<a href="#">When do children learn to tell lies?</a>	<a href="#">The 2018 World Cup: Things to forget</a>	<a href="#">We stand with refugees</a>	<a href="#">Emma Thompson and her adopted Rwandan son</a>
<a href="#">When everyone else in the room can see it</a>	<a href="#">How wolves change rivers</a>	<a href="#">The story of the Imperial State Crown</a>	<a href="#">Kids explain art to experts</a>
<a href="#">Lemon pavlova recipe</a>	<a href="#">Amazing DIY orang-utans</a>	<a href="#">Portrait of Oussama</a>	<a href="#">Elephants learn to work together</a>
<a href="#">All my happy friends</a>	<a href="#">Space snack time with Samantha Cristoforetti</a>	<a href="#">The salt hotel</a>	

### [Beginner grammar](#)

Are you a beginner learner of English? Practice and improve your English grammar with these fun videos. There are online exercises and worksheets to help you.

<a href="#">Adverbs of frequency</a>	<a href="#">Comparative and superlative adjectives</a>	<a href="#">Adjectives and prepositions</a>
<a href="#">Have got</a>	<a href="#">Conjunctions: and, or, but, so, because and although</a>	<a href="#">Adjectives ending in '-ed' and '-ing'</a>
<a href="#">Past simple – irregular verbs</a>	<a href="#">Countable and uncountable nouns</a>	<a href="#">Articles 1</a>
<a href="#">Past simple – regular verbs</a>	<a href="#">Have to, must and should for obligation and advice</a>	<a href="#">Articles 2</a>
<a href="#">Prepositions of time</a>	<a href="#">Personal pronouns and possessives</a>	<a href="#">Countable and uncountable nouns 1</a>
<a href="#">Present continuous</a>	<a href="#">Verb + -ing or verb + infinitive</a>	<a href="#">Countable and uncountable nouns 2</a>
<a href="#">Present simple</a>	<a href="#">To be – present and past</a>	<a href="#">Past continuous and past simple</a>
<a href="#">Question words</a>	<a href="#">Some, any, every and no</a>	<a href="#">Question forms</a>

<a href="#">The definite article</a>	<a href="#">There is / There are and It</a>	<a href="#">Verbs followed by '-ing' or by 'to' + infinitive 1</a>
<a href="#">This, that, these, those</a>		

### Intermediate grammar

Are you an intermediate learner of English? Practice and improve your English grammar with these fun videos. There are online exercises/worksheets to help you.

<a href="#">Conditionals</a>	<a href="#">Can, could and would for invitations, offers, requests and permission</a>	<a href="#">British English and American English</a>	<a href="#">Question tags</a>
<a href="#">Future forms</a>	<a href="#">Present perfect: simple and continuous</a>	<a href="#">Capital letters and apostrophes</a>	<a href="#">Verbs and prepositions</a>
<a href="#">Modals of deduction</a>	<a href="#">Used to</a>	<a href="#">Future continuous and future perfect</a>	<a href="#">Verbs followed by '-ing' or by 'to' + infinitive 2</a>
<a href="#">Passive forms</a>	<a href="#">Third conditional</a>	<a href="#">Modals: deductions about the present</a>	<a href="#">Words that are often confused</a>
<a href="#">Question tags</a>	<a href="#">Reported speech</a>	<a href="#">Past habits: 'used to', 'would' and the past simple</a>	<a href="#">Comparing and contrasting: modifying comparatives</a>
<a href="#">Relative clauses</a>		<a href="#">Present perfect simple and continuous</a>	<a href="#">'used to' + infinitive and 'be or get used to + -ing'</a>

**English grammar reference:** Read clear grammar explanations and example sentences to help you understand how the language is used. Then, put your grammar knowledge into practice by doing the exercises.

<a href="#">Pronouns</a>	<a href="#">Determiners and quantifiers</a>	<a href="#">Possessives</a>
<a href="#">Adjectives</a>	<a href="#">Adverbials</a>	<a href="#">Nouns</a>
<a href="#">Verbs</a>		

## Beginner vocabulary

Learn new words and practice your vocabulary. In this section you can listen to the pronunciation of the words and then do the exercises. There are worksheets too for offline practice.

<a href="#">A room</a>	<a href="#">Holidays</a>	<a href="#">Shopping</a>	<a href="#">Transport 2</a>	<a href="#">Snacks and desserts in Britain</a>
<a href="#">Accessories</a>	<a href="#">Bathroom</a>	<a href="#">Vegetables</a>	<a href="#">Restaurants 1</a>	<a href="#">Places in a town 1</a>
<a href="#">Actions</a>	<a href="#">Body parts</a>	<a href="#">Weather</a>	<a href="#">Nature 1</a>	<a href="#">Moving</a>
<a href="#">Air travel</a>	<a href="#">Christmas</a>	<a href="#">Technology</a>	<a href="#">Money</a>	<a href="#">Living rooms</a>
<a href="#">Animals</a>	<a href="#">Clothes</a>	<a href="#">School</a>	<a href="#">Kitchens 1</a>	<a href="#">Jobs 2</a>
<a href="#">Appearance</a>	<a href="#">Holidays</a>	<a href="#">Fruit</a>	<a href="#">Jobs 1</a>	<a href="#">Hotels</a>
<a href="#">Body parts</a>	<a href="#">Home</a>	<a href="#">Meals and cooking</a>	<a href="#">Farm animals</a>	<a href="#">Drinks</a>
<a href="#">Clothes</a>	<a href="#">Sporting events</a>	<a href="#">Kitchen</a>	<a href="#">Everyday objects</a>	<a href="#">Daily routine</a>

## Intermediate vocabulary

Are you an intermediate (CEFR level B1) or upper intermediate (CEFR level B2) learner of English? In this section you will find activities to help you learn the meaning, pronunciation and spelling of new words. Learning vocabulary will help you improve your language level and communicate in English confidently and effectively. The pages are organized by topic and include interactive exercises to help you learn and remember the new words.

<a href="#">Air travel</a>	<a href="#">Appearance 2</a>	<a href="#">Around town</a>	<a href="#">Bathrooms</a>	<a href="#">Around town</a>
<a href="#">Bathrooms</a>	<a href="#">Beaches</a>	<a href="#">Bicycles and motorbikes</a>	<a href="#">Body parts 2</a>	<a href="#">Cars</a>
<a href="#">Christmas in the UK</a>	<a href="#">Containers</a>	<a href="#">Football</a>	<a href="#">Fruit 2</a>	<a href="#">Gardens</a>
<a href="#">Health</a>	<a href="#">Kitchens 2</a>	<a href="#">Meat and fish</a>	<a href="#">Other animals</a>	<a href="#">Streets and roads</a>
<a href="#">Vegetables 1</a>	<a href="#">Vegetables 2</a>	<a href="#">Wild animals</a>		

### Advanced vocabulary

Phrasal verbs are very common in spoken English. In this section you can watch our Fast-Phrasal comic-strip videos and do the exercises to learn and practice how to use phrasal verbs correctly.

<a href="#"><u>Family</u></a>	<a href="#"><u>The job</u></a>	<a href="#"><u>The payback</u></a>
<a href="#"><u>Shopping</u></a>	<a href="#"><u>The party</u></a>	<a href="#"><u>Best mates</u></a>
<a href="#"><u>The beach</u></a>	<a href="#"><u>The project</u></a>	<a href="#"><u>The trials</u></a>

***"I NEVER TEACH MY PUPILS. I ONLY ATTEMPT TO PROVIDE THE CONDITIONS IN WHICH THEY CAN LEARN."—ALBERT EINSTEIN***



## Referencias Bibliográficas

<https://learnenglish.britishcouncil.org/>

<https://learnenglishteens.britishcouncil.org/>

<https://agendaweb.org/listening/comprehension/test.html>

<https://www.etsglobal.org/>

<https://www.etsglobal.org/Tests-Preparation/The-TOEIC-Tests/TOEIC-Sample-Tests>

<https://www.etsglobal.org/Global/Eng/Tests-Preparation/The-TFI-Test/TFI-Sample-Test>

<https://www.examenglish.com/>

[https://www.brainyquote.com/authors/sidney\\_hook](https://www.brainyquote.com/authors/sidney_hook)

<https://www.centrocultural.cr/>

## Anexo 1

### *Fechas pruebas TOEIC*

Sedes: San Pedro, Sabana y Cartago

**TOEIC Speaking & Writing - Public Testing 2019**

**• Speaking & Writing**  
Hora 11:30 a.m.  
Enero 23 / Marzo 13 / Mayo 8 / Julio 17 / Setiembre 11 / Noviembre 13  
Hora 4:00 p.m.  
Febrero 13 / Abril 10 / Junio 12 / Agosto 14 / Octubre 9 / Diciembre 4

**• Speaking Only**  
Hora 1:00 p.m.  
Enero 23 / Marzo 13 / Mayo 8 / Julio 17 / Setiembre 11 / Noviembre 13  
Hora 5:30 p.m.  
Febrero 13 / Abril 10 / Junio 12 / Agosto 14 / Octubre 9 / Diciembre 4

**TOEIC Listening-Reading-Speaking para Dirección General de Servicio Civil 2019**  
Hora 12:30 p.m.  
Enero 30 / Febrero 20 / Marzo 20 / Abril 24 / Mayo 15 / Junio 19 / Julio 24  
Agosto 21 / Setiembre 18 / Octubre 16 / Noviembre 20 / Diciembre 11

La inscripción y pago deben realizarse a través del 8000-INGLES.  
Para convocatorias especiales: 2207-7546 o al correo [internationaltest@centrocultural.cr](mailto:internationaltest@centrocultural.cr)

Real Services

8000-INGLES  
[centrocultural.cr](http://centrocultural.cr)

  
Centro Cultural  
Costarricense-Norteamericano